



General Council Meeting Minutes Tuesday, August 27, 2013

Location:	Mid-Region Council of Governments	Time:	3:00 – 5:00 PM
Voting Members Present: Lora Church, Sherri Gonzales, Louise Kahn, Caroline Monie, Kate O'Donnell, Walter Punke Non-Voting Participants: Laisha Avila, Judy Baca, Max Baptiste, Albert Bilotti, Danielle Boudreau, David Broudy, Mark Clark, Cheryl Christopherson, Erin Engelbrecht, Kathy Korte, Jerry Montoya, Sara Nelson, Javier Rios, Carolyn Salazar, Cathy Sanchez, Myra Segal, Stephanie White, Veronica Winsch Staff: Marsha McMurray-Avila, Tracy McDaniel			

	Agenda Items	Discussion	Action
1.	Welcome and intros	All present introduced themselves. Marsha facilitated the meeting today.	
2.	Updates on BCCHC activities – questions and highlights on Staff Report	<p>Participant Announcements: Danielle Boudreau announced that Health Action NM has begun an ACA implementation campaign called “Pledge to Enroll”. The goal is to target 20,000 points of contact in specific neighborhoods likely to be eligible for Medicaid expansion. Additionally, Consumer Outreach Coordinator, Joe Martinez, will be doing a Forum on Medicaid expansion.</p> <p>Highlights of Staff Report: There has not been a subcommittee regarding health care access for quite some time with the Health Council. Walt has volunteered to help out getting a subcommittee set up. We will be sending around a sign-up sheet today for folks interested in joining. The new Lead Team has been convened. However, Leigh has a conflict with our currently scheduled time. Therefore, we will be changing our regularly scheduled meeting times to 3rd Mondays from 2:30 to 4:30. The next meeting will be held on September 16 in the United Way Training Room, focusing on education and health. Enrique will be presenting on the Education=Health Initiative. There will also be a presentation about ABC Community Schools and Mission: Graduate. Beginning in October, our regular meeting location will be the South Valley Multi-Purpose Senior Center.</p>	
3.	Presentation on Early Childhood – Louise Kahn, Cathy Sanchez, and Judy Baca	<p>Nurse Family Partnership – Louise Kahn, UNM Center for Development and Disability Louise presented about the link between home visiting and reduced rates of chronic illness. Over the past decade, it has been shown that one key strategy for reducing chronic disease and improving health across the lifespan is to address early life experiences. Adverse childhood experiences (ACEs) are known to affect the brain architecture, changing all future learning, behavior, and health. Disparities in early vocabulary growth impact school readiness and capacity to learn. ACE studies, including those conducted by Felitti et al., demonstrate a direct graded relationship between adverse childhood events and mental illness, IV drug use, alcoholism, chronic disease, suicide attempts, etc. The aim of home visiting programs is to enrich the environments where children live and improve the likelihood of avoiding adverse childhood experiences. Immigrant families face special challenges. 20% of immigrant families have one or two parents who are undocumented immigrants, and more likely to experience fear, unsafe work environments, hazardous chemicals, etc.</p> <p>IOM Committee on the Prevention of Mental Disorders and Substance Abuse Among Children, Youth and Young Adults (2009) concluded: “Interventions that strengthen families, individuals, schools and other community organizations and structures have been shown to reduce mental, emotional and behavioral disorders and related problems. Family and early childhood interventions appear to be associated with the strongest evidence at this time.”</p> <p>Nurse Family Partnership is a home visiting program which has been demonstrated to have consistent effects across 3 large randomized controlled trials, including increased breastfeeding rates, decreased tobacco smoking, reduced experience of adverse</p>	

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	<p>childhood events, improved school readiness, and increased maternal economic self-sufficiency. The Bernalillo County Nurse Family partnership is now one-year old and focused on the southwest part of Bernalillo County. They are also collaborating with La Cosecha to make fresh produce more accessible to families. To learn more about the research supporting home visiting as a chronic disease intervention and about the Nurse Family Partnership, click here to see Louise's presentation (PDF).</p> <p>Q&A</p> <p><u>Walt</u>: How many are being served by the Nurse Family Partnership?</p> <p><u>Louise</u>: 65 of 75 slots are currently filled. There are 3500 babies born in BernCo every year. Many people who could benefit from the program are currently not being served. Home visiting programs must be voluntary to work well. There is a stigma around home visiting – people believe that professionals only come to your home if you are doing something wrong as a parent. This is a misconception that needs to be addressed. NFP selected the locations to serve based upon a statewide risk index, identifying those areas at highest risk and serving those currently. Home visitors address issues related to health, education, immigration, social development. Really everything.</p> <p><u>Francisco</u>: How do you involve males?</p> <p><u>Louise</u>: One at a time. The NFP curriculum often brings in the role of the father.</p> <p>Home Visiting Work Group – Cathy Sanchez, UNM Center for Development and Disability</p> <p>The Home Visiting Work Group is comprised of many groups who come together to discuss issues around home visiting in Bernalillo County. They meet monthly on 4th Wednesdays at 2 pm. The group has worked to build relationships and is growing to become more than a home visiting group. They realize that many issues impact infant mental health. Each program has different qualifying criteria, and unfortunately all of the programs are only reaching 3% of families who could use it currently. The Home Visiting Work Group is also working to raise awareness among different community groups, including city council.</p> <p>Not all home visiting programs have been able to maintain target numbers. The group is currently working to create a common referral form. Eventually, the group would like to have a centralized intake to help everyone who wants a home visitor to find one.</p> <p><u>Q</u>: Have you presented to the MCO's? They may be interested in funding prevention.</p> <p><u>A</u>: NFP was funded through ACA. They are the newest program in Bernalillo County. They are hoping another program - 'Parents as Teachers' - will be added within the month.</p> <p><u>Kathy Korte</u>- How much would it cost to pay for enough home visitors to meet the community needs?</p> <p><u>Louise</u> – I don't know, but I can find out and get that to you.</p> <p><u>Senator Jerry Ortiz y Piño</u> – This is an interesting question, and one that the Health and Human Services Committee discusses a lot. Home visitations paid through Medicaid and provided to all would alleviate issues of stigma. If it costs \$80 million, most of that would be paid through the Federal government with ACA implementation. We would only be paying 30% of that. Nurse Family Partnership has been shown to save \$7 for each \$1 spent, and we would only have to pay a fraction to get the savings.</p> <p><u>Stephanie</u> – BCBS Centennial Care is doing contracts for nurses who are required to do home visits.</p> <p><u>Jerry Montoya</u> – There are problems with that because of who is eligible and who actually signs up. The stigma is a concern, and these programs tend to be time limited. Many don't get assistance until 90 days postpartum, and their support mechanisms are already developed by that time.</p> <p><u>Walt</u> – It seems there is not enough work happening between agencies. The public schools should be involved in this.</p> <p>Early Childhood Accountability Partnership (ECAP) – Judy Baca, NM Department of Health</p> <p>ECAP is a place-based effort that utilizes a collective impact framework. ECAP has a history with the Health Council, beginning with involvement of the Pregnancy to 3 Task Force, and they have developed into a diverse group from different sectors with a shared result: All Bernalillo County children will be ready for and succeed in school. ECAP uses Results-Based Accountability (RBA) and Leadership in Action (LAP) all integrated within the collective impact framework. They have created a Roadmap for Success that delineates important milestones from pregnancy to age 8. To see the PowerPoint and review the Roadmap, please click here (PDF).</p>	

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		<p>ECAP has agreed to be a part of Mission: Graduate, which will be discussed in more detail at next month's meeting. ECAP will be working on the early childhood component of Mission: Graduate.</p> <p>Until recently, ECAP has been an unfunded collaboration. However, they recently secured United Way funding for a part-time coordinator. To date, accomplishments include 3 convenings per year, creating a definition of school readiness and capacity map, hiring of the new coordinator, developing a committed Organizing Team, securing funding and identifying a fiscal sponsor.</p> <p>The initiative has 3 phases. They are still working through Phase 1 priorities, which include engaging early childhood leaders, identifying a backbone organization and fiscal agent, developing adequate financial resources, completing LAP train-the-trainer, creating a website, aligning with Mission: Graduate, developing an early childhood report card, and identifying accountability partners. The goal is to begin Phase II in January of 2014.</p> <p>Judy showed the video for "Change the First Five Years and You Change Everything," which can be viewed here.</p> <p>Q&A</p> <p><u>Q:</u> What is the involvement of Community Health Workers?</p> <p><u>Louise:</u> There has been tons of research. Some home visiting programs are conducted by CHWs and some are not. Nurse Family Partnership is the only model that includes home visiting nurses. The rest are different models. CHWs have not been found to be as effective as nurse home visitors. However, people deserve to have a choice. NFP will co-locate with Parents as Teachers, a CHW model to see how it goes.</p>	
4.	Reflection on meeting process	We did not have time for reflection today.	
5.	Adjourn	September's meeting will focus on education.	Next BCCHC meeting will be held in the United Way Training Room on September 16th from 2:30 – 4:30 pm.