

# **PREVENTION**

## **EXAMPLES OF IDEAS AND RECOMMENDATIONS to prevent opioid use and abuse by deploying proven, cost-saving strategies:**

1. Implement a prevention framework in Bernalillo County with prevention tools that can be used by community coalitions, schools, faith-based institutions and workplaces.
2. Reduce the supply of prescription drugs by increasing access and usage of the Prescription Drug Monitoring Database.

## **EXAMPLES OF TRACKING INDICATORS/PERFORMANCE MEASURES:**

- Rate of reported use of heroin and painkillers to get high among youth in last 30 days (YRRS 2003-11)
- Number of opioid prescriptions per capita/morphine-equivalent weight in grams

# **LAW ENFORCEMENT/CRIMINAL JUSTICE/PUBLIC SAFETY**

**EXAMPLES OF IDEAS AND RECOMMENDATIONS to reduce the number of people with substance use disorders who are incarcerated, as well as providing effective treatment services for those who are incarcerated and upon release:**

1. Increase programs offering alternatives to incarceration.
2. For persons already under medication-assisted treatment (MAT) at the time of incarceration, continue methadone and Suboxone during incarceration.
3. Prior to or upon release, arrange for Medicaid enrollment (prior to release) for those eligible, arrange for post-release social services and medical follow-up including MAT, distribute Narcan.
4. Pilot for pre-release induction of MAT.
5. Make indicated prevention programs available for incarcerated low level substance abuse individuals.

## **EXAMPLES OF TRACKING INDICATORS/PERFORMANCE MEASURES:**

- Recidivism rates at MDC for drug-related issues (within 1 year and 3 years)
- Number of property crimes in County
- Number of referrals to alternative-to-incarceration programs
- Number of people released from incarceration reaching treatment programs
- Number of kick-kits used/month

# **HARM REDUCTION**

## **EXAMPLES OF IDEAS AND RECOMMENDATIONS to reduce risks for those who cannot escape addiction:**

1. Increase distribution and availability of Narcan® for all who can benefit, especially in situations where there is risk for opioid overdose.
2. Make medication-assisted treatment (MAT) more widely available for those who can benefit from it.

## **EXAMPLES OF TRACKING INDICATORS/PERFORMANCE MEASURES:**

- Number of heroin overdose deaths and Naloxone reversals
- Number of Suboxone prescriptions filled in NM and Bernalillo County
- Number of people on methadone
- Number of sites trained and using Narcan; amount of Narcan dispensed

# **TREATMENT**

## **EXAMPLES OF IDEAS AND RECOMMENDATIONS to make treatment of substance abuse disorders effective and available at the appropriate level of care:**

1. Develop a comprehensive inventory and mapping of current treatment services to determine gaps in capacity and level of care, as the basis for an effective coordinated system.
2. Expand the number and/or capacity of the full range of treatment services, including hospital and residential treatment centers, and long-term care programs.
3. Work with Medicaid, private insurance companies and Centennial Care MCO's to allow reimbursement for effective treatment for opiate addicts, aligned with ASAM patient placement criteria and compliance with the Mental Health Parity and Addiction Equity Act.

## **EXAMPLES OF TRACKING INDICATORS/PERFORMANCE MEASURES:**

- Number/rate of hospitalizations for OD with any opioid involvement
- Number/rate of babies with neo-natal abstinence syndrome
- Ratio of treatment capacity to need
- Where we stand in relation to national standard for mix of services along the continuum (if such standards exist, e.g., ratio of outpatient to inpatient treatment capacity necessary to provide full range of services)